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Table Tennis for Three

Table Tennis for Three is a table tennis-like game with real paddles and balls that three players can play together although geographically apart. The players use an Exertion Interface to create a sense of social connectedness between each other, while communicating through an augmented videoconference. Table Tennis for Three aims to achieve similar benefits known from collocated table tennis such as exercise, enjoyment and bringing people together to socialize.

Leisure Games

Leisure activities, such as table tennis, are an important part of people's lives. The benefits of leisure activities on mental and physical well-being have been widely discussed: from a mental health perspective, leisure is believed to have a beneficial effect on psychological well-being by promoting positive moods and it can help overcome loneliness. From a physical health perspective, athletic leisure activities contribute to a healthier body, reducing the risk of obesity, cardiovascular disease, diabetes, and more.

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□ GAMEPLAY

Each player has a table tennis table, a paddle and a ball. The table is set up so that the ball can be hit against the vertically positioned opposite half of the table. This setup is familiar to table tennis players who practice on their own by playing the ball against the board. The vertical part of the table is painted white to also serve as projection surface for a videoconference of the other two players. Projected on top of the videoconference are eight semi-transparent targets that players have to hit with their ball. These targets, or blocks, “break” when hit by the players. The blocks are synchronized across the three tables, so the other players see the same block layout and the same block states. If a block is hit once, it cracks a little. If it is hit again (regardless of by which player), it cracks more. If hit three times, it breaks and disappears, revealing the underlying videoconferencing completely: the player broke through to the remote players. However, only the player who hits the block the third and final time makes it disappear and receives the point. This adds an element of strategy to the game: a player can try to snatch away points by hitting blocks that have already been hit twice by the other player. Each broken block scores one point, and once all blocks are cleared, the player with the most points wins the game.

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Technology

The backboards of the tables are instrumented so that the time and approximate location of a ball striking the table can be detected. Eight piezoelectric sensors are attached to the rear of the backboard in locations corresponding to the game-play blocks projected on the front of the backboard. The sensors detect the sound vibrations in the wooden board created by a ball striking it. The one sensor that receives the vibration signal first determines the location of the impact.

Conclusion

Table Tennis for Three combines the advantages of networked computer games (supporting multiple geographically distant players) with the advantages of traditional exerting leisure games (providing a social and health benefit). This concept scales to players in three locations. Players who played the game reported that they had fun and wanted to play again. Several players said that the game created a sense of social rapport, and that they were excited about being able to play together over a distance, which gave them “something to talk about”. This adds support to the claim that physical activity can be beneficial to social interaction.



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Video

The video from above is also available to download (right-click, save as) in [MPEG 2 format](#) (DVD quality, 93 MB) and [iPod format](#) (MP4, 18 MB) and on [YouTube](#)